

22reflect:2011



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22 questions for reflection and introspection on the passing year
Staring the Payen Marseille Tarot
Edited with love by Melissa Hill



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One of my favorite times of the year for a tarot reading is around the New Year. For either introspection into the events of the past twelve months, or for a divinatory peek into the next twelve months, the energies present as we turn the page on another year lend themselves well to reading with cards. The end of the year is, also a natural time to be thinking about cycles and patterns emerging or concluding. Some people like to ask the Universe questions when they read cards. This time, let the cards do the asking.

The point of this exercise is to reflect on the passing year. You can do this several ways.

- **If you have your own tarot deck**, pull the Majors from your deck, shuffle and draw 1-3 cards. Use the questions that follow as the basis or prompts for reflective journaling.
- **If you don't have your own tarot deck**, flip through the following pages and use the cards you feel most drawn to. Or use the cards that make you the most comfortable. Or use the cards that make you the most uncomfortable.



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- Each card contains a prompt for a list. If journaling isn't your thing, use the list prompts. Write your lists on index cards, and use a hole punch and key ring or binder clip to keep them together. Try to complete as many or as few lists as you like.
- Don't get caught up in the details. The following questions and prompts are meant to stir up ideas and emotions. Don't feel like you must answer every question (or any question at all!). If you sit down to write or think and something completely different comes out, go with that! There is NO WRONG WAY to reflect on YOUR year!

The card images used in this book are the Jean Payen Marseille Tarot. They are public domain and used with all my best intentions. They're also funny and striking and snarky and sweet. When you go through these exercises, imagine the character asking you these questions it the one you see in the card. Imagine they are a close friend and you're having a private conversation. See what happens when you enter their world for a few moments.



22reflect:2011

If you're so inclined, send me a note. Let me know how your reflection is going! I'd love to hear from you! In the meanwhile, happiest of New Years, friends!

Your most humble (but sassy!) Sibyl,
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Questions for reflection

- What cliff did I dance on?
- Did I fall?
- How did I experience reckless?
- How did I experience inndence?
- How did I experience foolish?

List five foolish moments of 2011

The Fool



Questions for reflection

- What magic did I create?
- What were my tools of choice?
- Who was my audience?
- How did they receive me?
- How did I experience the self on-display?
- Was the magic real? Or was I bluffing?

List five magical moments in 2011

The Magician



Questions for reflection

- Did I attend to the inner work?
- How did I experience my soul?
- Did I trust my intuition?
- Did I attend to the needs of the spirit?

List five spiritual shifts of 2011

High Priestess



Questions for reflection

- How did I define abundance?
- Did I strive for that?
- Was I attentive to the needs of my body?
- To my soulcare?
- Did I focus on the needs of others? How did I balance that (or fail to find that balance)?

List five ways I took care of myself or others in 2011

The Empress



Questions for reflection

- What was my external focus?
- How did I express my influence on the world?
- How did I rule my domain?

List five instances of impact I made in 2011

The Emperor



Questions for reflection

- What did I keep most sacred?
- What did I learn?
- How did I learn?
- Did I maintain any rituals?
- Discover any hidden knowledge?

List five things I learned in 2011

Hierophant



Questions for reflection

- What was the most difficult decision made?
- A choice made with ease?
- Was I loving when I could be?
- How did I work on my relationship?
- With myself?

List five people I loved (list as many as you can, draw hearts and angels all over the page if you like)

The Lovers



Questions for reflection

- What did I begin?
- What did I push along?
- Where did momentum build?
- How did I triumph?

List five triumphant moments of 2011

The Chariot



Questions for reflection

- How did I experience right and wrong?
- Was I fair?
- Where there any moments of inequality I experienced?
- Did I take responsibility for my actions?
- Did I let anyone down (even myself)?
- Did I learn from my mistakes?

List five lessons learned in 2011.

Justice

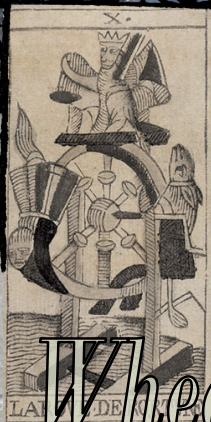


Questions for reflection

- How did I experience intimacy with the self?
- What was my experience of alone?
- How did I rely on myself?
- What did I find within that I didn't know about before?

List five alone moments of 2011.

The Hermit



Questions for reflection

- How did I experience the hand of fate?
- The intervention of destiny?
- How did my luck change?
- Am I in a slump or on a high?
- Did I notice any patterns emerging?

List five cycles I lived through 2011.

Wheel of Fortune



Questions for reflection

- What was trying?
- How was my character tested?
- How did I overcome?
- What needed taming?
- How did I exercise restraint?

List five moments that tested my will in 2011.

Strength



Questions for reflection

- What gave me cause for pause?
- When should I have stopped to think more?
- What did I sacrifice?
- What did the sacrifice gain me?
- What did I let go of?

List five sacrifices made in 2011

The Hanged Man



Questions for reflection

- What did I let go of?
- How did I experience ending?
- Did I fear it?
- Did I welcome it?
- How did I move past it?

List five cycles that ended in 2011

Death



Questions for reflection

- How did I practice temperance?
- What did I learn about moderation?
- What brought me back from the edge?
- How did I cope with stress and negative energy?

List five coping moments of 2011

Temperance



Questions for reflection

- What did I indulge in?
- How did my indulgences affect me?
- What did I lust over?
- What was I addicted to?
- Was I bound by my desires or was I able to maintain perspective?

List five indulgences of 2011

The Devil



Questions for reflection

- What fell apart?
- What crumbled in my hands?
- What did I blow up?
- What was my experience of failure?

List five failures of 2011

The Tower



Questions for reflection

- What inspired me?
- What did I do that inspired others?
- What did I daydream about?
- What gave me hope?
- Who kept me going?
- How did I experience hope, inspiration & motivation?

List five inspirations of 2011

The Star



Questions for reflection

- What did I have nightmares about?
- What did I feel was hidden?
- What was I most afraid of?
- How did my fears manifest?
- Did I overcome them, or do they linger still?

List five fears I experienced in 2011

The Moon



Questions for reflection

- What was illuminated?
- What was illuminating?
- What changed everything?
- What was the happiest moment?
- How did I shine?

List five brilliant moments of 2011

The Sun

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Questions for reflection

- How did I arc?
- Was I changed?
- Was it painful?
- Am I better off now?
- Have I found absolution?
- Have I found an answer?
- Have I found my way? Or do I still wait?

List five ways I changed in 2011

Judgement

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Questions for reflection

- How do I integrate the events of 2011 into my life?
- What effect do I anticipate 2011 to have on me?
- What words describe the year in summation?
- How will I remember the past year?

List five memories of 2011 to hold on to

The World

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